



## Survivors of Sandy Support Group

North Shore Child & Family Guidance Center and Project Hope is here for you!

# Island Park: Living Empowered

When: August 7<sup>th</sup>, 16<sup>th</sup>, 22<sup>nd</sup> and 29th

Time: 7 – 8:30

Where: Island Park Volunteer Fire Department  
440 Long Beach Rd., Island Park (upstairs meeting room)

We welcome everyone to share their experience of survival, learn coping skills and find out about available community resources in a comfortable, confidential environment.

*Feel free to call Project Hope provider North Shore Child & Family Guidance Center*

**(516) 626-1971 ext 378**

**“Nobody can go back and start a new beginning but anyone can start today and make a new ending”**